

Mentor/Coach Checklist: A Self-Reflection Tool

IdahoSTARS ★ 1471 Shoreline Drive, suite 202 ★ Boise, ID 83702 or Call the 2-1-1 Idaho CareLine by dialing 2-1-1 or 1-800-926-2588

Please complete and keep in your files. Your Regional Quality Consultant will be happy to support you in any areas you wish.

Name: _____ Region: _____ Date: _____

Please check the box that corresponds.

Y = Yes, I have this skill **L** = This is something I can learn

SOME CHARACTERISTICS OF A GOOD MENTOR/COACH

Y L

- Experience conducting formal observations
- Ability to give appropriate guidance for improvement on knowledge of child development and behaviors
- Ability to give appropriate guidance for improvement on arranging, organizing, and/or analyzing the physical setting of the child care environment
- Ability to develop policies and procedures for a child care facility
- Good listener
- Experience with professional conferencing
- Ability to guide and mentor a variety of personalities ranging the scope of adult learning styles
- Good organizational skills
- Experience running a pre-school class in a licensed environment
- Knowledge of the NAEYC & NAFCC code of ethics (can be knowledgeable in one or both depending on type of practitioner mentor wishes to work with)
- Good communicator; ability to share teaching and skill development strategies
- Knowledge of National and State standards on Health
- Knowledge of National and State standards on Safety
- Knowledge of National and State standards on Nutrition
- Knowledge of state and city licensing regulations
- Ability to link protégés to culturally relevant resources
- Knowledge of higher education opportunities and curriculums
- Knowledge of IdahoSTARS professional development career ladder
- Knowledge of local community and state resources
- Ability to lead a person to identify relevant and effective professional goals
- Knowledge and Practice on Environmental Rating Scales
- Knowledge of apprenticeship standards and policies
- Promote and model self-assessment practices

List other areas you would like to develop further which you regard as pertinent to your work as a mentor/coach:

Comments: