



Training Instructions
Addressing Challenging Behaviors:
Promoting Social Emotional Health in Young Children
Module 2: Promoting Positive Behaviors
2 Training Hours

COMPONENT 3: CHARACTER BUILDING, 2 HOURS

DESCRIPTION

Addressing Challenging Behaviors is a training series consisting of 4 separate training modules. Each training module may be taken separately for 2 training hours. Providers must complete each module in sequential order. Child care providers will watch the video vignettes and complete the quiz. Quizzes will be submitted to the IdahoSTARS Training Office for approval at 80% mastery. Training hours will be posted after quiz is processed and training evaluation is complete.

LEARNING OBJECTIVES

Lesson Three: Finding Children's Strengths

Providers will examine the value of Developmentally Appropriate Practice (DAP) as fundamental to addressing challenging behavior from a prevention and strength based model.

Providers will communicate how a strength-based approach should be applied to addressing challenging behavior.

Lesson Four: Preventing Challenging Behaviors – Part 1

Providers will recognize the impact of the physical environment, routines, and transitions on children's behavior.

Providers will identify strategies for adapting physical environments, routines, and transitions to support all children in the child care setting.

Providers will recognize the value of reflective practice as a means to intentional teaching strategies.

Lesson Five: Preventing Challenging Behaviors – Part 2

Providers will recognize the role of active physical play in preventing challenging behaviors and identify strategies for consistently incorporating active physical play into the daily routine.

Providers will identify strategies for intentionally supporting children’s skill building, teaching problem-solving, and promoting emotional literacy.

Providers will identify strategies for responding to aggressive behavior between children.

IDAHO EARLY LEARNING EGUIDELINES

Multiple strategies in the Idaho Early Learning eGuidelines emphasize the importance of appropriate expectations and intentionality in the child care environment which includes responsive caregivers and evidence based discipline practices. These are summarized in the Essential Practices within the guidelines:

“Ensure that children are provided with caregivers who interact in consistent and caring ways.”

“Use supportive verbal, visual, and physical cues in interactions and activities.”

“If the child needs extra support, simplify complicated tasks by breaking them into smaller parts or reducing the number of steps.”

“Encourage children to play and form relationships with other children.”

“Observe, recognize, and support children’s unique ways of approaching new information and expressing themselves; taking into consideration their temperaments, inclinations, and attitudes.”

“Provide a range of experiences to all children even though their responses may differ and some children may need adaptations.”

“Individualize experiences, activities, interactions, and instructions to meet the needs of each child.”

“Provide continued acknowledgments in ways that reflect children’s cultural beliefs and traditions so that all children feel valued. Support a sense of competence.”

“Help children learn to accept, understand, and manage their emotions.”

“Model and teach conflict resolution and problem-solving skills.”

MATERIALS

1. Addressing Challenging Behaviors: Promoting Social Emotional Health in Young Children, Module 2: Promoting Positive Behaviors. Available for checkout through the Lending Library. Replacement cost is \$149.50.
2. Training Instructions for Addressing Challenging Behaviors and Promoting Social Emotional Health in Young Children
3. Quiz (1 for each module)
4. Inventory of Practices for Promoting Children’s Social Emotional Competence

INSTRUCTIONS

- Review training instructions
- Watch training vignettes; Module 2: Lessons Three, Four, and Five
- Submit quiz
- Quiz approval received
- Complete IdahoSTARS Training Evaluation
- Complete the Inventory of Practices for Promoting Children’s Social Emotional Competence. Keep as a working document for increasing these practices. *Optional: consult with IdahoSTARS Child Care Resource Center staff for support.*

Training hours are documented after quiz is approved at 80% and training evaluation is complete. Please note the completion of the Inventory of Practices and follow up with a regional consultant is recommended, but not required or verified for the completion of training hours.

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