

Full Name:  
Email:  
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## Addressing Challenging Behaviors: Promoting Social and Emotional Health in Young Children

### Quiz

#### MODULE 3

- 1) Intentional teaching \_\_\_\_\_.
  - a. Focuses on helping children get the correct answers.
  - b. Relies mostly on teacher-planned and teacher-led activities.
  - c. Uses planning based on personal knowledge and experience.
  - d. Channels children's enthusiasm in ways that lead to growth and meaningful learning.
  
- 2) High-quality policies and procedures in an early childhood program \_\_\_\_\_.
  - a. Clearly separate the administration/director from the teaching staff.
  - b. are broad enough to apply to all situations that are likely to occur.
  - c. establish what the program stands for and sets goals for the learning community.
  - d. do not have to be written, but may be written if the program chooses.
  
- 3) According to a study of 242 teachers, what is the most challenging behavior experienced in early childhood settings?
  - a. 145 (60%) said that hitting other children was the most challenging behavior.
  - b. 24 (10%) said that children hurting themselves was the most challenging behavior.
  - c. 242 (100%) said a different answer from every other participant.
  - d. 48 (20%) said that biting other children was the most challenging behavior.
  
- 4) Select the answer that IS NOT an example of effective praise.
  - a. Sarah, thank you for closing the window when it started to rain inside on our books.
  - b. Manuel, I notice that you are using three different paint colors to mix together. It looks like you created some new colors in our classroom!
  - c. Rhakim, I like your block play today! You are so awesome! I have never seen anything like that! Way to go!
  - d. Tabitha, I see that you found a special place for your snowy boots where they won't drip on the carpet. You solved the problem!

- 5) What is true about praise?
- It acknowledges the efforts and accomplishments of children and encourages them to keep learning.
  - It tells children what to learn.
  - All praise builds self-esteem and confidence.
  - When a teacher praises a child's accomplishment by telling her/him she/he is smart, this sets her/him up to be successful and to try challenges that are even harder.
- 6) Which of the following is the most important reason for avoiding expulsions in early childhood programs?
- The children who are expelled because of challenging behavior are the children who need the social emotional learning they can experience in early childhood programs more than any other children.
  - Expulsion is likely to be seen by other children as a consequence to bad behavior.
  - Expulsions reduce the number of children in a program and may put the financial stability of a program at risk.
  - When early childhood programs expel young children, more families seek mental health services for their children, stressing the scarce child mental health services in most communities.
- 7) What is the number one source of frustration for early childhood teachers?
- Lack of respect for the early childhood education field
  - Challenging behavior
  - Gossip
  - Low wages
- 8) Which of the following elements of yourself is likely to have the most impact on young children?
- Temperament
  - Ability to stay calm
  - Intelligence
  - Educational background

- 9) Choose the communication strategy that is most likely to lead to partnerships with families when the need for sharing negative information arises.
- a. Be sure families' understand the behavior is wrong. When you talk with them about challenging behavior, focus on what they need to do to stop the behavior.
  - b. Affirm the family's expert knowledge about their child and ask if they see the behavior at home that you are seeing at school. If so, ask how they handle it. If appropriate, adopt or adapt their approach in your plan.
  - c. When there is an incident of aggression at the child care, call the parent/guardian immediately to create a behavior plan.
  - d. Give families frequent written updates on behavior so they can follow through on consequences at home.
- 10) Which of the following is the most important thing that programs can do to prevent expulsions?
- a. Provide families with a list of unacceptable behaviors so they can appropriately monitor their child at home.
  - b. Provide the training necessary to develop one teacher as an expert on challenging behavior and place the most challenging children in her/his class.
  - c. Access appropriate resources.
  - d. Screen families at enrollment and admit only families you feel your staff will be able to successfully work with and support.

**Mail to:** IdahoSTARS Training Office  
Center on Disabilities and Human Development  
University of Idaho  
1187 Alturas Drive  
Moscow Idaho 83843  
**Email:** [idahostars@uidaho.edu](mailto:idahostars@uidaho.edu)  
**Fax:** (208) 885-6085