



ET 1: Prevention of Injuries

LEARNING OBJECTIVES

- You will increase their awareness about the types of injuries that are common in the child care setting, who gets injured, how, when, and why.
- You will understand the connection between the developmental age of a child and the kind of injuries he or she may have.
- You will understand regular safety checks and how to take actions to eliminate or reduce environmental hazards.
- You will be connected to local health and safety resources.

This training is one of the Essential Trainings developed or identified by IdahoSTARS to meet our goal of improving child care through professional development. The Essential Trainings are embedded in Steps to Quality, Idaho's Quality Rating and Improvement System and introduce the basics of child development, health & safety, relationships with families & communities, and supporting children with diverse abilities. Think of this training and all Essential Trainings as introductions to a broad subject. You can explore other IdahoSTARS trainings to deepen your knowledge. Scholarships are available through IdahoSTARS to support your ongoing education.

Caring for our Children, National Health and Safety Performance Standards: Guidelines for Early Care and Education Programs, 3rd Edition, <http://cfoc.nrckids.org/>

Idaho Core Competencies for Early Care and Education, September 2014, <http://healthandwelfare.idaho.gov/Portals/0/Children/InfantToddlerProgram/EICC/Oct%2024th%202014-Idaho%20core%20competencies.pdf>

Instructions

1. Access ET 1: Injury Prevention through your provider training account, or through your local lending library.
2. Watch training video and complete all embedded activities.
3. Review and familiarize yourself with the resources that were shared during the presentation.

- a. [Caring for Our Children: National Health and Safety Performance Standards, Guidelines for Early Care and Education Programs, 3rd Edition](#)
 - b. [Child Care Manual: A Guide for Child Care Professionals in Idaho](#)
 - c. [YIKES](#)
4. Complete the quiz using the information provided in the training and handouts.
 5. To receive 2 training hours, mail, email, or fax your completed quiz, your name, facility, email address, address, and phone number to:

Mail to: IdahoSTARS Training Office
Center on Disabilities and Human Development
University of Idaho
1187 Alturas Dr
Moscow, ID 83843

Email: idahostars@uidaho.edu

6. Complete the Training Evaluation in your Provider Training Account.
7. Complete the Checklist of Practices which corresponds with this training and is included in the training materials. You are encouraged to work with your director, other staff members, or co-teachers to complete and reflect on the checklist.
8. Schedule a visit with you Child Care Health Consultant by contacting your regional CCRC to follow up on implementation of injury prevention practices in your classroom or child care program.

Note: Quizzes are processed in the IdahoSTARS Training Office and must receive a minimum score of 80% to receive training hours. The quiz may be retaken and resubmitted until satisfactory score is received.