

# Step 2 Essential Trainings

*Guiding Behavior in Young Children*



## Checklist of Practice

Always	Sometimes	Not Yet	Caregiver Strategies: What they look like in practice
			1. Respond consistently to children's behaviors.
			2. Redirect children's negative behaviors into positive behaviors.
			3. Encourage children to look at the possible outcomes of plans. ("What do you think would happen if....?")
			4. Read and talk about books about feelings, keeping them in the classroom for children to look at.
			5. Talk with children when they are calm about strategies for managing emotions.
			6. Give child ample time to solve own problems before intervening.
			7. Show respect for child's choices and attempts at solving problems.
			8. Provide children with physical activity throughout each day.
			9. Offer choices within appropriate limits.
			10. Communicate expectations clearly by modeling and showing children how to respond.
			11. Providers have a system within their staff to support each other when children's behavior is challenging.
			12. Adults teach children alternate ways to behave instead of attempts to suppress the behavior.
			13. Timeout or physical restraint is only used to maintain a safe environment for the child and others.
			14. Rules are kept to a manageable number for children to remember.
			15. Natural or logical consequences are used as discipline rather than punishments.

