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Essential Training Step 2 Guiding Behavior in Young Children: Expert Approaches for Caregivers and Parents Matching Quiz

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Guiding Behavior in Young Children

Match the words in the first column to the best available answer in the second column.

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|--|--|
| _____ Common behaviors of young children | A) Curiosity, need for attention, immaturity, desire for independence, over or under-stimulation |
| _____ All children have core emotional needs, and may show signs of misbehavior if these are not met by parents and caregivers. | B) Hitting, belittling, or threatening |
| _____ Common reasons for behavior | C) Goals, expectations, consequences, and rewards |
| _____ Physical factors which may contribute to behavior | D) Tantrums, sleep and eating problems, aggressive behaviors, resistance, defiance, and teasing |
| _____ Adult behaviors directed at children which are always inappropriate | E) Appropriate expectations |
| _____ While common practice for parents, caregivers, and teachers, there are more effective and developmentally appropriate methods of discipline for young children | F) Pick your battles; Keep it simple; Be patient; Be consistent; Follow through; Have a plan |
| _____ Criterion for guiding children's behavior | G) Attention, affection, affirmation, and acceptance |
| _____ Guiding a child to improve behavior may have one of two goals | H) Decrease an undesired behavior or increase a desired behavior |
| _____ A child's physical, social-emotional, and cognitive development influence the child's ability to comply | I) Tiredness, hunger, or illness |
| _____ Components of a behavior plan | J) Time-outs |