

Step 2 Essential Trainings

Nurturing and Responsive Relationships



Checklist of Practice

| Always | Sometimes | Not Yet | Caregiver Strategies: What they look like in practice |
|--------|-----------|---------|---|
| | | | 1. Greet each child by name at arrival. |
| | | | 2. Speak positively about each child and everyone in their environment. |
| | | | 3. Respond consistently and promptly to child's cries and needs for comfort, reassurance, and to celebrate accomplishments. |
| | | | 4. Maintain consistent caregiving by keeping the same provider(s) with each child throughout the day. |
| | | | 5. Create pleasant memories by recalling the events of the day and week with children. |
| | | | 6. Plan activities that encourage adult/child interaction. |
| | | | 7. Talk to and smile at infants and allow them time to respond. |
| | | | 8. Communicate expectations clearly by modeling and showing children how to respond. |
| | | | 9. Provide regular one-on-one time with each child. |
| | | | 10. While sitting at the child's level, let the child lead the interaction and describe what the child is doing ("You are really concentrating. Do you like this book?"). |
| | | | 11. Respond to physical affection such as cuddling, hugs, holding hands, etc. |
| | | | 12. Tell stories and sing songs from children's home culture. |
| | | | 13. Allow mobile infants to crawl over, climb, and pull up using caregivers as support. |
| | | | 14. Verbally describe the child's accomplishments ("Wow! You climbed all the way up!" or "You took off your own socks!"). |
| | | | 15. Say goodbye to each child by name at departure. |

