



Training Instructions

ET 1: Managing Food Allergies in the Early Care Setting (FARE)

1 Training Hour

LEARNING OBJECTIVES

- Providers will know the importance of having written plans for children with food allergies
- Providers will be able to reduce exposure to allergens in the child care setting
- Providers will know the importance of educating and training all staff on food allergy emergency protocols
- Providers will have a better understanding of the laws that require accommodations and inclusion for children with food allergies, dietary restrictions, and other special healthcare needs

MATERIALS

Training hours will post to your Training Log after completing all steps (1 through 5) for this training. The completion date reflected on your Training Log will be the date you view the training video.

1. Training video:
 - a. *Managing Food Allergies in the Early Care Setting (FARE)*
2. Resource articles:
 - a. *Voluntary Guidelines for Managing Food Allergies In Schools and Early Care and Education Programs*
 - b. FARE Food Allergy Symptoms/Reactions
3. Handouts:
 - a. What You Will Learn
 - b. Checklist of Practice

INSTRUCTIONS

- Please note: there is nothing to submit to the Training Office. Your training log will automatically update upon viewing the training video. If you have any questions, please contact the IdahoSTARS Training Office by dialing 2-1-1 or 1-800-926-2588 (the Idaho CareLine).

Step 1: Review Training Instructions

Step 2: Review What You Will Learn training handout

- Step 3:** Review resource articles, *Voluntary Guidelines for Managing Food Allergies In Schools and Early Care and Education Programs*, and FARE Food Allergy Symptoms/Reactions
- Step 4:** Watch training video, *Managing Food Allergies in the Early Care Setting (FARE)* through your [provider account](#)
- Step 5:** Complete Checklist of Practice

Additional Training Information

IDAHO EARLY LEARNING EGUIDELINES

Multiple strategies in the Idaho Early Learning eGuidelines emphasize the importance that children are provided with caregivers who interact in consistent and caring ways. These are summarized in the [Guiding Principles](#) and Essential Practices of the [Idaho Early Learning eGuidelines](#).

ESSENTIAL TRAININGS

This training is one of the Essential Trainings developed or identified by IdahoSTARS to meet our goal of improving child care through professional development. The Essential Trainings are embedded in Steps to Quality (Idaho's Quality Rating and Improvement System), and introduce the basics of child development, health & safety, relationships with families & communities, and supporting children with diverse abilities. Think of this training and all Essential Trainings as introductions to a broad subject. You can explore other IdahoSTARS trainings to deepen your knowledge.