Step 1 Essential Trainings Strengthening Families: The Protective Factors



Checklist of Practice

| Always | Sometimes | Not Yet | Caregiver Strategies: What they look like in practice |
|--------|-----------|---------|--|
| | | | 1. Learn the names of each parent whose child is in your care. |
| | | | 2. Address parents by name at arrival and departure times. |
| | | | 3. Invite and welcome parents to visit their child at any time throughout the day. |
| | | | 4. Offer regular opportunities for families to socialize such as potlucks, celebrations, field trips, and special programs. |
| | | | 5. Invite parents to share skills, talents, and cultural traditions with the classroom and overall program. |
| | | | 6. Provide a comfortable space for families to interact and meet informally. |
| | | | 7. Present information on parenting in a variety of ways: books, classes, discussion groups, take-home materials, and information campaigns. |
| | | | 8. Make community resources that support children with special needs easily available. |
| | | | 9. Provide information about children's physical, social, and emotional development to parents (Idaho's Early Learning eGuidelines, Zero to Three, Talaris). |
| | | | 10. Encourage children to express their feelings through words, artwork, and dramatic play. |
| | | | 11. Staff receive training on children's development and appropriate expectations. |
| | | | 12. Recognize early signs of stress, crisis, and child abuse and neglect and know how to report concerns. |
| | | | 13. Make information about respite care and/or emergency crisis services readily available. |
| | | | 14. Post and discuss the five protective factors and their importance to quality early care throughout the program, among staff and parents. |
| | | | 15. A written prevention policy is shared with parents and staff. |

