

Step 2 Essential Trainings

Nurturing and Responsive Relationships



Checklist of Practice

Always	Sometimes	Not Yet	Caregiver Strategies: What they look like in practice
			1. Greet each child by name at arrival.
			2. Speak positively about each child and everyone in their environment.
			3. Respond consistently and promptly to child's cries and needs for comfort, reassurance, and to celebrate accomplishments.
			4. Maintain consistent caregiving by keeping the same provider(s) with each child throughout the day.
			5. Create pleasant memories by recalling the events of the day and week with children.
			6. Plan activities that encourage adult/child interaction.
			7. Talk to and smile at infants and allow them time to respond.
			8. Communicate expectations clearly by modeling and showing children how to respond.
			9. Provide regular one-on-one time with each child.
			10. While sitting at the child's level, let the child lead the interaction and describe what the child is doing ("You are really concentrating. Do you like this book?").
			11. Respond to physical affection such as cuddling, hugs, holding hands, etc.
			12. Tell stories and sing songs from children's home culture.
			13. Allow mobile infants to crawl over, climb, and pull up using caregivers as support.
			14. Verbally describe the child's accomplishments ("Wow! You climbed all the way up!" or "You took off your own socks!").
			15. Say goodbye to each child by name at departure.

