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ET3: Supportive Environments, Routines, and Transitions

QUIZ

Multiple Choice

1. Supportive environments, routines, and transitions are...
 - a. Not as important as school readiness.
 - b. Foundational to quality child care.
 - c. The same for everyone.
 - d. Dependent upon brand new expensive classroom equipment.

2. The pyramid model for supporting children in early childhood settings...
 - a. Is a method for identifying children who should be excluded for behavior issues.
 - b. Is founded on evidence based practices.
 - c. Is a theory developed by IdahoSTARS
 - d. Doesn't work.

3. Child care providers can use intentional strategies to design environments, routines, and transitions...
 - a. To determine which children will not be successful.
 - b. Only for children with challenging behaviors.
 - c. For intensive interventions.
 - d. That support all children.

4. Environments should be continually observed...
 - a. To identify adaptations for improvement.
 - b. To determine which children are causing problems.
 - c. To make changes at the beginning of next school year.
 - d. Only by the director.

5. Schedules and routines should be...
 - a. The same throughout the school year.
 - b. Determined by parents.
 - c. Taught to children directly.
 - d. The same for each child in order to be fair.

6. One aspect of the relationship between routines and transitions in the early childhood setting and young children's social emotional development includes...
 - a. There is no research that supports the positive influence of routines and schedules on children's emotional, cognitive, and social development.
 - b. Predictable, consistent schedules have no influence on children's development.
 - c. Positive outcomes are associated with schedules and routines that follow the clock rather than a sequence of events.
 - d. Schedules and routines reduce the frequency of behavior problems by helping children understand expectations.

7. According to the article, "Moving Right Along....Planning Transitions to Prevent Challenging Behavior", the first step in decreasing challenging behavior is...
 - a. Designing a schedule that minimizes the transitions and maximizes the time children spend engaged in developmentally appropriate activities.
 - b. Writing an effective discipline policy.
 - c. Knowing a wide variety of activities to engage children while they wait.
 - d. Understanding that the ability to wait is an important skill that children learn in early childhood settings.

True or False

8. The term social emotional refers to the developing capacity of the child from birth through five years of age to form close and secure adult and peer relationships; experience, regulate, and express emotions in social and culturally appropriate ways; and explore the environment and learn – all in the context of family, community, and culture.

True

False

9. One disadvantage of environmental strategies is that they require a great deal of adult intervention once the planning and organization are complete.

True

False

10. When designing schedules and routines, child care providers should try to meet the cultural, linguistic, and individual needs of the children in their care. The importance of adapting strategies to meet the unique needs of the children and families cannot be overstated.

True

False