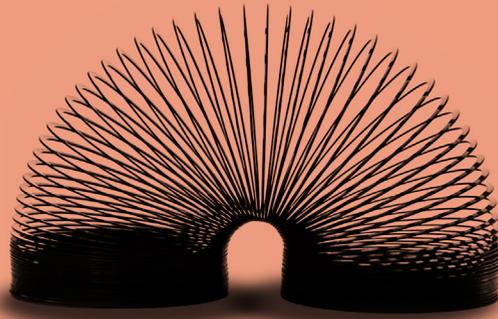


La resiliencia  
de los padres  
**SEA FLEXIBLE**  
**Y**  
**DESARROLLE**  
**SU FUERZA INTERIOR**



La flexibilidad + la fuerza interior = La resiliencia

La resiliencia hace  
a su familia

**FUERTE**



What Makes Your Family Strong? campaign created by:  
The Great Start Collaborative of Charlevoix,  
Emmet, & Northern Antrim Counties.  
[www.whatmakesyourfamilystrong.org](http://www.whatmakesyourfamilystrong.org)

CENTER FOR THE STUDY  
OF SOCIAL POLICY'S

**strengthening families**  
A PROTECTIVE FACTORS FRAMEWORK

Strengthening Families is a framework developed by the Center  
for the Study of Social Policy (CSSP) to prevent child abuse and  
neglect by building five protective factors.

Spanish translation by:



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El apoyo concreto en momentos de necesidad

# PREGUNTE POR AYUDA



SATISFACIENDO SUS NECESIDADES  
POR MEDIO DEL APOYO COMUNITARIO Y  
DE LOS RECURSOS DE LA COMUNIDAD  
HACEN A SU FAMILIA

## FUERTE



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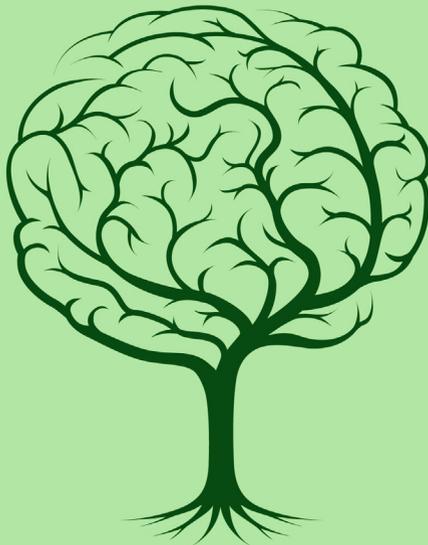
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El conocimiento de la  
crianza de los hijos y el  
desarrollo de los niños  
**APRENDA CÓMO  
SER EL EXPERTO  
DE SUS HIJOS**



SER UN BUEN PADRE ES EN PARTE NATURAL Y  
EN PARTE APRENDIDO. LA EDUCACION DE LOS  
PADRES HACE A SU FAMILIA

**FUERTE**



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# Las conexiones sociales

# HAGA AMISTADES



EL CONECTARSE CON LOS AMIGOS  
CONSTRUYE UN SISTEMA DE APOYO  
SOCIAL Y HACE A SU FAMILIA

# FUERTE



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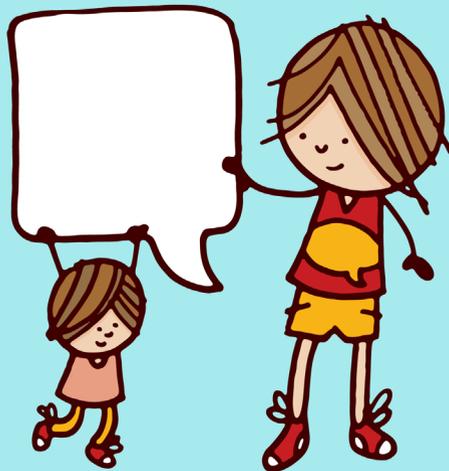
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# La competencia social y emocional de los niños DELE A SUS HIJOS PALABRAS PARA QUE EXPRESEN COMO SE SIENTEN



EL ENSEÑARLE A SUS HIJOS A  
COMUNICARSE EFECTIVAMENTE E  
INTERACTUAR CON OTROS CREA RELACIONES  
POSITIVAS Y HACE A SU FAMILIA

## FUERTE



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# ¿QUÉ HACE A SU FAMILIA FUERTE?

## LA REALIDAD ES...

Hay tiempos duros, mala suerte, dificultades, como usted le llame - su familia lo enfrentará tarde o temprano.

## LA BUENA NOTICIA ES:

Los riesgos que usted y su familia enfrentan no definen a su familia - los factores de protección si definen a su familia. Los estudios muestran que cuando los 5 factores de protección están bien establecidos, la fortaleza de la familia y el desarrollo positivo de los niños es aparente.

La resiliencia de los padres  
Sea flexible y desarrolle su fuerza interior

Las conexiones sociales  
Haga amistades

El conocimiento de la crianza de los hijos  
y el desarrollo de los niños  
Aprenda como ser el experto de sus hijos

El apoyo concreto en tiempos de necesidad  
Pregunte por ayuda

La competencia social y emocional de los niños  
Dele a sus hijos palabras para que expresen lo que sienten



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