



## Addressing Challenging Behaviors Training Package

*This training series includes four training modules. The modules may be completed in any order, though it is recommended to start with module 1 and work through them consecutively. The recommended amount of time to complete each module is 1 to 3 months to allow time for the reflective and practice components of each lesson. Each module includes video trainings with a quiz, a follow up reflection training via video conference, and targeted technical assistance with an IdahoSTARS regional consultant.*

### Completion of each module consists of the following steps:

#### Step 1: Video Training (on your own)

- Review Training Instructions
- Watch Training Videos for the module
- Complete Training Quiz for the module
- Submit Training Quiz to the IdahoSTARS Training Office

**Mail to:** IdahoSTARS Training Office  
Center on Disabilities and Human Development  
University of Idaho  
1187 Alturas Drive  
Moscow, ID 83843-8331

**Email to:** [idahostars@uidaho.edu](mailto:idahostars@uidaho.edu)

- Complete your Training Evaluation through RISE

#### Step 2: Follow-up Reflective Training (preparing for the video conference)

This component of the training is voluntary, though participants will be required to actively engage in the discussion.

- Register for the video conference online through the IdahoSTARS Training Calendar
  - Module 1: Children's Behaviors
  - Module 2: Promoting Positive Behavior
  - Module 3: Adult's Behavior
  - Module 4: Intervention and Strategies
- Technical requirements: a computer or tablet with a camera, mic, and speakers are required. A smartphone will work, though it is not ideal for screen sharing.

- Video conferencing requires some comfort with technology, however those who wish to participate and are new to video conferencing may ask for assistance from their local Child Care Resource Center (CCRC)
- Complete the Inventory of Practice available on the Approved IdahoSTARS Training webpage or the training packet from your local Lending Library.
  - If you do not have access to a printer, your local CCRC can provide you with a printed copy of the Inventory of Practice.
- Review the Reflective Questions that accompany the module. Be prepared to discuss the Inventory of Practices and at least one Reflective Question.

**Step 3:** During the Targeted Technical Assistance (TTA) visits

- TTA visits are designed to support specific practices. A CCHC Consultant will work with you through site visits to build skills and incorporate practices, set goals, and discuss next steps.

**Additional Information:**

- Remember to complete your Training Evaluations through RISE once your quiz is approved.
- Training hours will post to your Professional Development Record after each step of the training package. Each step is regarded separately for training hours.
- Be thoughtful of your timeline and if you need training hours by a certain date/deadline. The recommended time for each module's completion is 1 to 3 months.