



Addressing Challenging Behaviors Follow-up Reflective Training Questions Module 2: Promoting Positive Behavior

Go through each question before participating in the Follow-up Reflective Training for Addressing Challenging Behaviors: Promoting Social and Emotional in Young Children, Module 2, focused on promoting positive behavior. Be prepared to discuss the Inventory of Practices and the below topics during the Follow-up Reflective Training.

1. Social and Emotional Health

Complete the Inventory of Practices.

- Identify the strategies that indicate a mismatch between practice and importance, specifically the ones rated as important or very important but practiced seldom or occasionally.
- Choose 5 strategies to pay attention to and create an action plan for increasing those practices.

2. Creating a Caring Learning Community – “The Circle of We”

Dictatorship, Democracy, or Anarchy? Which does your classroom resemble? Is that true of the whole program, or just your classroom? Perhaps you strive for democracy, but it feels more like one of the others.

- Identify specific strategies to move toward a democratic community.
- Alternatively, if you feel like you have a democratic community, what are some specific strategies you implement to that end?

Responsibility and rules are best supported and followed by the children in the program. When children have ownership over the rules and take responsibility for how the classroom or day is run, it builds a sense of community in which everyone belongs.

- What responsibilities for the environment and schedule do the children have and how do you give them responsibility?
- Are you familiar with recommended practices for rule development?

Skill building and problem solving support a sense of competence, which leads to a sense of belonging, purpose, and value. In a caring learning community, there is a shared sense that problems can be handled.

3. Feelings are Important

- What is your philosophy about children’s expression of strong feelings?
- Have you ever heard yourself say “Don’t be angry” or “Stop crying”?
- How do you respond or what could you change in how you respond to children experiencing strong, negative emotions?
- How do you use children’s books to talk about feelings? Do you have favorites? How do the children respond?

4. Bullying

Some aggression is normal and does not fit the description of challenging behavior. There will be times when children experience aggression. However, when the aggression is targeted, intended to harm, and repeated over time, it does fit the definition of bullying.

- With that information, how often have you encountered bullying among children in your care?
- What did you do?
- What would you do differently now?